



Document # \_\_\_\_\_

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CATALOG YEAR ~~2012-13~~ \_\_\_\_\_

(Please use separate form for each add/change)

COLLEGE/SCHOOL/SECTION: College of Nursing and Health Sciences: Canseco  
School of Nursing

**Course:** Add: \_\_\_ Delete: \_\_\_  
(check all that apply) Change: Number \_\_\_ Title \_\_\_ SCH \_\_\_ Description X Prerequisite \_\_\_\_\_  
New course will be part of major \_\_\_ minor \_\_\_ as a required \_\_\_  
or elective \_\_\_ course  
New course will introduce \_\_\_, reinforce \_\_\_, or apply \_\_\_ concepts

If new, provide Course Prefix, Number, Title, **Measurable** Student Learning Outcomes, SCH Value, Description, prerequisite, and lecture/lab hours if applicable. If in current online catalog, provide change and attach text with changes in red and provide a brief justification.

**Program:** Delete: \_\_\_ Add: \_\_\_ Change: \_\_\_ Attach new/changed Program of Study description and 4-year plan. If in current online catalog, provide change and attach text with changes in red.

**Minor:** Add: \_\_\_ Delete: \_\_\_ Change: \_\_\_ Attach new/changed minor. If in current online catalog, provide change and attach text with changes in red.

**Faculty:** Add: \_\_\_ Delete: \_\_\_ Change: \_\_\_ Attach new/changed faculty entry. If in current online catalog, provide change and attach text with changes in red.

**College Introductory Pages:** Add information: \_\_\_ Change information: \_\_\_  
Attach new/changed information. If in current online catalog, provide change and attach text with changes in red.

**Other:** Add information: \_\_\_ Change information: X Attach new/changed information. If in current online catalog, provide change and attach text with changes in red.

**NURS 1302 Cultural Determinants of Health Behavior**

Change of course description and objectives, to meet requirements for alignment with Texas Board of Nursing Differentiated Competencies for Registered Nurses. Please see attached.

Approvals: Signature Date

Chair Belva J. Gonzalez \_\_\_\_\_  
Department Curriculum Committee

Chair \_\_\_\_\_  
Department \_\_\_\_\_

Chair Belva J. Gonzalez \_\_\_\_\_  
College Curriculum Committee

Dean \_\_\_\_\_

NURS 1302

\*WIN designation added here per email

Cultural Determinants of Health Behavior

from B. Gonzalez 11/7/12.

Three semester hours, theory only. (FL/SP)

This course examines relationships between cultural phenomena and health behavior. The meaning and expression of personal health behaviors are explored as consequences of family and community life set within developmental contexts. For both children and adults, the ways and conditions under which individuals define health status are explored. Cultural forces that enhance or reduce the capacity of individuals, families, or communities to maintain health are analyzed. To earn credit, this course must be completed with a grade of "C" or better. This is a writing intensive (WIN) course. Prerequisite: ENGL 1301 and/or co-registered in ENGL 1302; and Nursing department approval.

### **NURS 1302 (Basic Program)/3302 (RN/BSN) Cultural Determinants of Health Behavior**

**Course Description:** This course explores relationships between cultural phenomena and health behavior. The meaning and expression of personal health behaviors are examined as consequences of family and community life, set within developmental contexts. The ways and conditions under which individuals define health status across the lifespan are articulated. Cultural forces that enhance or reduce the capacity of individuals, families, population or communities to maintain health are analyzed. To earn credit, this course must be completed with a grade of "C" or better. *Pre-requisites: ENGL 1301, Co-requisite ENGL 1302, Writing Intensive course. Any student taking this course must have Nursing Department Approval.*

### **COURSE OBJECTIVES**

**Course Objectives:** Upon completion of this course, the student will have had opportunities to:

1. Examine the origins and development of health beliefs and values from childhood through adulthood. (1, 2)
2. Assess the adequacy of theories which attempt to describe or predict health behavior. (2)
3. Describe and compare ways by which people of different cultures define their beliefs about health and illness, care and treatment. (2)
4. Examine the health-promoting and health-compromising potentials of the human relationships that organize and define family, work, and community life. (2)
5. Describe the characteristics of culturally appropriate nursing interventions. (2, 3)
6. Identify strengths and weaknesses of health care practices based in folk medicine, traditional medical practice, and holistic health care. (2, 3)
7. Describe the influences of life experiences shaped by religion, education, and socioeconomic status on the development of health beliefs and values. (7)
8. Articulate an understanding of the problems that emerge when the personal health beliefs and values of nurses as health care providers or teachers are in conflict with the health beliefs and values of individuals. (8)
9. Demonstrate ability to share their ideas clearly in English using discipline specific language and APA formatting. (1, WIN)